

**Unit: Catch, Kick, Foot Dribble & Strike**

**Grade Level: 5**

**Purpose:**

The purpose of this formative assessment is to provide the teacher and students with information regarding how well the students understand the concepts of a mature catch, kick, foot dribble and strike. Students understanding will be shown through accurate completion of a written response. These questions will ask students to apply knowledge that they have learned to answer the questions. After the assessment is complete and the teacher has graded the assessment, the teacher will go through the results with the student so they have an understanding of their comprehension level on this unit. We will then discuss the next steps, and what we can do to learn the material that they did not comprehend.

**Standards and Benchmarks:**

**M.1.MS.4**

Apply all elements of the mature form of the manipulative skills of catch, kick, foot dribble and strike with hand and implements in dynamic settings.

Learning Targets	Knowledge Items	Reasoning Items
I can describe the mature form and concepts of catching a ball	1	
I can describe the mature form and concepts of how to kick a ball	3	3
I can describe the mature form and concepts of dribbling a ball with my foot	2	
I can describe the mature form and concepts of how to strike a ball	4	4

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## **Directions:**

Over the past few weeks we have learned different concepts about catching, kicking, foot dribbling and striking. Once we understand these tasks we can move on to other tasks that we use in sports and activities. Today, we are going to see how well you understand these tasks so we can see if you are ready to move on to new activities. After you complete this assessment you will be able to go through the questions with me to help you better understand what you know about this material. This is also going to help me as the teacher to see how helpful I have been in teaching you the material within this unit.

You will be taking this assessment which has 4 questions total. There are 3 short answer questions which are worth up to 9 points each, and 1 essay question worth up to 18 points. The total assessment is worth 45 points.

-For the short answer questions you need to answer with complete sentences and have at least 2-3 sentences.

-For the essay question you need to answer with complete sentences and have at least 3-5 sentences.

You will be given the rest of our physical education time to complete this assessment, which is 50 minutes. Don't worry, if you cannot finish in that time, we will arrange a time when you can finish it. Before you begin your test make sure your name and date are at the top of this page. If you have a question, please raise your hand and I will come over and help you. Remember to read the whole question before answering the question. When you finish your assessment, please flip it over so I know you are finished. To keep busy, when you are finished you may draw on the back of this test.

Please take your time, think about your answer, write with complete sentences, and try your best!

You may begin your assessment. Good luck! 😊

## Short Answer:

**Directions:** Answer the following 3 short answer questions with 2-3 complete sentences. (9 points each)

- 1) Pretend you are playing catch with a partner. Explain what your hands would look like if the ball was thrown to you below your waist and also what your hands would look like if the ball was thrown to you above your waist.

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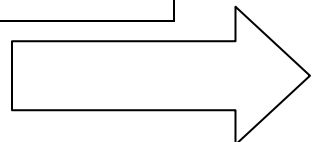
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### Catching Rubric

<b>3 points</b>	<b>2 points</b>	<b>1 point</b>
I correctly explained what my hands would look like when the ball is above my waist.	I have some detail of what my hands should look like when the ball is above my waist.	I do not understand how to catch properly when the ball is above my waist.
I correctly explained what my hands would look like when the ball is below my waist.	I have some detail of what my hands should look like when the ball is below my waist.	I do not understand how to catch properly when the ball is below my waist.
I can write complete sentences and wrote 2-3 sentences	I wrote words, and near 2-3 sentences.	I did not write any words or have 2-3 sentences.

Good job! Keep going...



2) Describe which parts of your foot you use for dribbling a ball and why you use just those parts of your foot.

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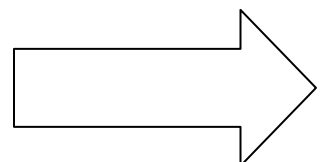
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**Dribbling Rubric**

<b>3 points</b>	<b>2 points</b>	<b>1 point</b>
I correctly explained which parts of my foot to use when dribbling.	I have some detail of which parts of my foot to use while dribbling.	I do not understand which parts of my foot to use while dribbling.
I had 2-3 sentences.	I had 1 sentence.	I did not have a sentence.
I can write complete sentences.	I wrote 1 complete sentence.	I did not write any complete sentences.

Way to go! Keep going...



3) If you were playing soccer and had to kick the ball over your opponents to your teammate, describe what part of your foot you would use and the whether you would kick the bottom, middle or top of the ball.

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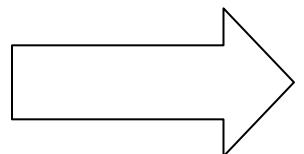


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**Kicking Rubric**

<b>3 points</b>	<b>2 points</b>	<b>1 point</b>
I correctly explained which part of my foot to use when kicking.	I have some detail of which part of my foot to use when kicking.	I do not understand which part of my foot to use when kicking.
I know which part of the ball to kick to get it in the air.	I have some detail of which part of the ball to kick to get it into the air.	I did not understand which part of the ball to kick to get it into the air.
I can write complete sentences and have 2-3 sentences.	I wrote words, and near 2-3 sentences.	I did not write any words or have 2-3 sentences.

Excellent job! Keep going...





## Striking Rubric

<b>6 points</b>	<b>4 points</b>	<b>2 points</b>
I understand how to strike a ball with a bat.	I have some detail of how to strike a ball with a bat.	I do not understand how to strike a ball with a bat.
I gave at least 3 suggestions of how to improve batting.	I have 2 suggestions of how to improve batting.	I have 1 or less suggestions of how to improve batting.
I can write complete sentences and have 3-5 sentences.	I wrote some complete sentences and wrote at least 2 sentences.	I did not have any complete sentences and had under 2 sentences.

Good Job!

You are finished!

