

Unit: Catch, Kick, Foot Dribble & Strike**Grade: 5****Purpose:**

This performance task assessment will be used at the end of this 5th grade unit as a summative assessment. All of the basic learning will have taken place, and this assessment will give students the chance to creatively and personally apply the knowledge they have gained. Students will be making a book that includes all of the concepts of a mature catch, kick, foot dribble and strike with the hand and implements. After the assessment is complete, it will be graded and be placed as one of the grades on each student's report card. This project will be kept for parent/teacher conferences so parents can gain insight on what their children are assessed on and how they are doing in the class.

Standards and Benchmarks:**M.1.MS.4:**

Apply all elements of the mature form of the manipulative skills of catch, kick, foot dribble and strike with hand and implements in dynamic settings.

| Learning Targets | Knowledge Items |
|--|--|
| I can describe the mature form and concepts of catching a ball | Drawing and paragraph for above and below waist |
| I can describe the mature form and concepts of how to kick a ball | Drawing and paragraph for the ball to stay on the ground and go airborne |
| I can describe the mature form and concepts of dribbling a ball with my foot | Drawing and paragraph for how to dribble with their foot properly |
| I can describe the mature form and concepts of how to strike a ball with hand and implements | Drawing and paragraph for how to strike a ball with their hand and with an implement |

Directions for Planning

Task 1: Planning (one day)

Now that we have learned how to catch, kick, foot dribble and strike, we are going to use our creative minds to make a book of these skills and how to perform them. You may be as creative as you would like, as long as you have all of the items I ask you to include in the book.

The **first step** to making your book involves brainstorming. For your first task, we will use the attached planning form to help us generate ideas for our books and gather our thoughts. We will be doing this **individually and quietly**.

Once you think you have a **strong** sense of what you are going to include in your book, you may bring it up to the teacher so we can discuss it and I will initial it if I feel that it is complete as well.

You will also need to have at least **three** ways in which to perform each skill correctly in your paragraph below each picture. There is a spot on the planning sheet for this as well.

Remember to **keep this packet together** as you will need to turn it in with your finished book when the time comes.

Happy Planning 😊

Planning Sheet

Skills:

Catch:

Above waist:

Below waist:

Kick:

Ground:

Air:

Foot Dribble:

Strike:

Hand:

Implements

Sketch of my Visuals

Directions for the Book

Task II: The Book (day two, final day)

Today we are going to be making our books! We have finished our planning sheet and we are now ready to put our books together! Before handing in your polished book for a grade, make sure you have the following in your book to get your full 50 points for the assessment:

- **Title Page**
 - 1) Title
 - 2) Drawn/colored picture
 - 3) Name
 - 4) Date
- **Skills**
 - 1) 7 skills, 7 pages (1 skill per page)
 - 2) On each page you should include:
 - Skill name
 - A drawn and colored picture of you doing the skill
 - A paragraph of at least 3 sentences explaining how to perform the skill. You need to have at least 3 tasks you need to do in order to perform the skill correctly in your paragraph
- **And remember to turn in your ENTIRE packet, too as this will be an easy homework grade for the completion of the planning sheet!**

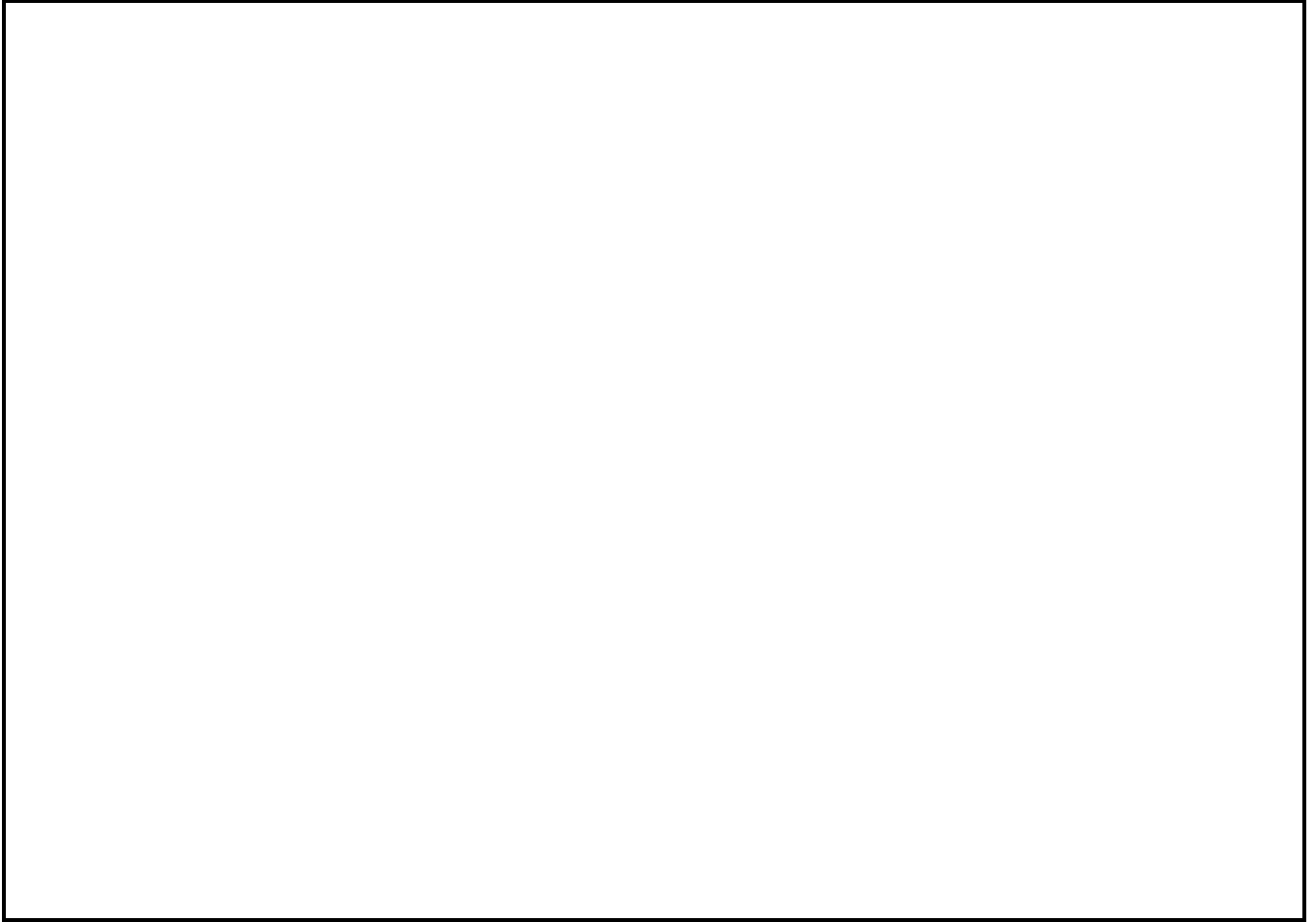
*Make sure to check your spelling and use complete sentences!

*I have examples to give you an idea of what your title page should look like and what the sheets look like for your 7 skills on the next 2 pages.

*Once you think you have a well completed book, you may bring it up to the teacher so she can help you tie all of the pages together, and then turn it in.

Your books will be returned to you in one week and at that time I will meet with each of you and we will discuss the rubric scores I gave you and any written comments that I also made. You will then take your graded book, rubric, and comments home and have your parents sign our conference sheet. **Have fun and be creative!** 😊

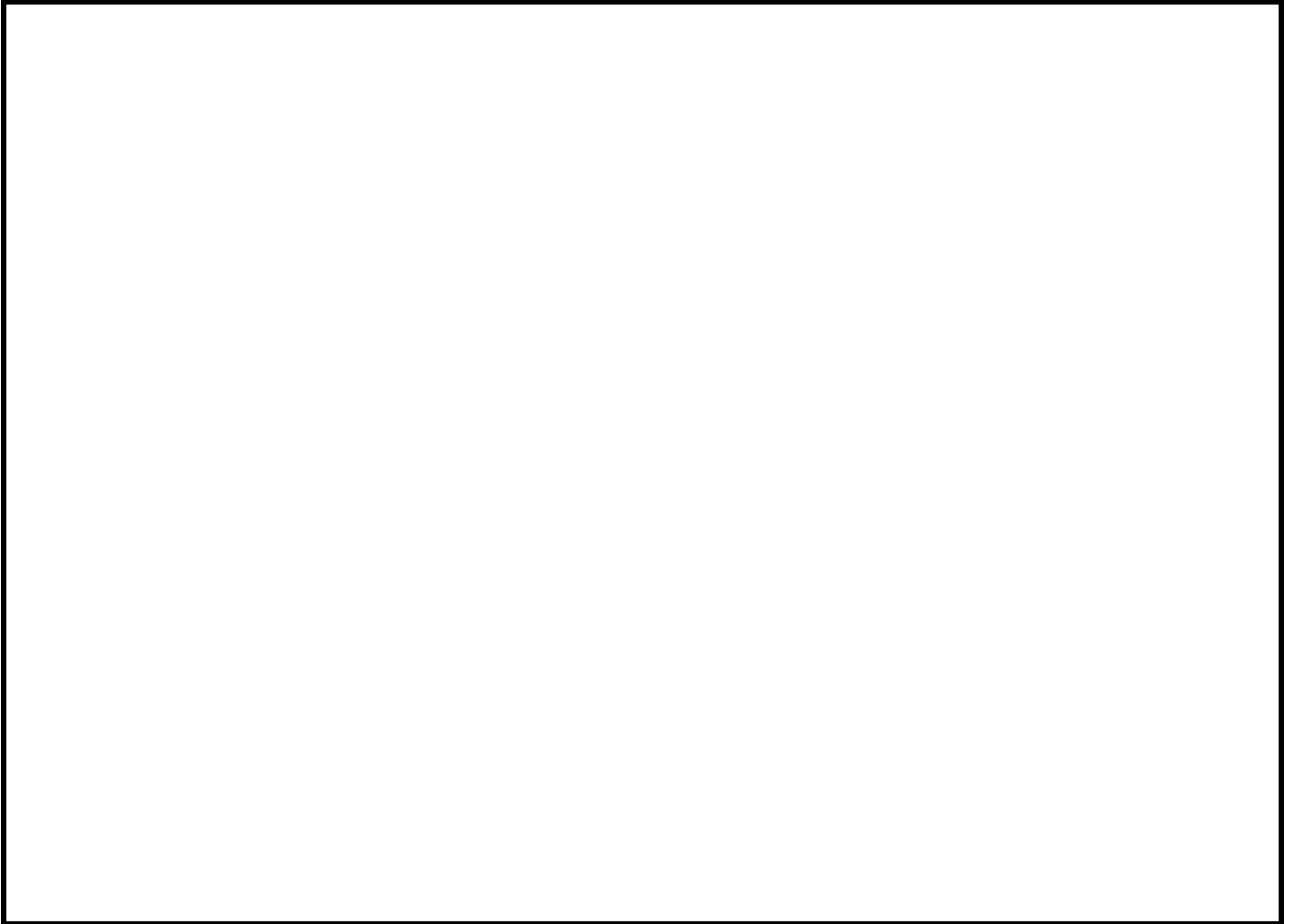
Title

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for drawing or writing.

Name

Date

Skill Name



Proficiency Level

Performance Criteria

| | 0 Points | 1 Point | 3 Points | 5 Points |
|----------------------------------|------------------|--|---|---|
| Catch- Above waist | Did not complete | Includes one task of how to catch a ball above the waist properly | Includes 2 tasks of how to catch a ball above the waist correctly | Includes 3 or more tasks of how to catch the ball properly above the waist |
| Catch- Below waist | Did not complete | Includes one task of how to catch a ball below the waist properly | Includes 2 tasks of how to catch a ball below the waist correctly | Includes 3 or more tasks of how to catch the ball properly below the waist |
| Kick- In the air | Did not complete | Includes one task of how to kick a ball in the air properly | Includes 2 tasks of how to kick the ball correctly for it to go airborne | Includes 3 or more tasks of how to kick the ball correctly for it to go airborne |
| Kick- On the ground | Did not complete | Includes one task of how to kick a ball properly so it remains on the ground | Includes 2 tasks of how to kick the ball correctly for it to remain on the ground | Includes 3 or more tasks of how to kick the ball correctly for it to remain on the ground |
| Foot Dribble- | Did not complete | Includes one task of how to dribble a ball with the foot correctly | Includes 2 tasks of how to perform a correct foot dribble | Includes 3 or more tasks of how to dribble the ball properly with your foot |
| Strike- With hand | Did not complete | Includes one task of how to correctly strike a ball with hand | Includes 2 tasks of how to correctly strike a ball with hand | Includes 3 or more tasks of how to strike a ball with hand properly |
| Strike- With implement | Did not complete | Includes one task of how to correctly strike a ball with an implement | Includes 2 tasks of how to correctly strike with an implement | Includes 3 or more tasks of how to strike a ball with an implement properly |

Proficiency Level

Performance Criteria

| | 0 Points | 1 Point | 3 Points | 5 Points |
|------------------|-------------------------|---|---|---|
| Spelling/Grammar | Does not finish project | Has 7 or less spelling or grammatical errors | Has 5 or less spelling or grammatical errors | Has 3 or less spelling or grammatical errors |
| Picture | Does not finish project | Has 1-3 colorful pictures representing the skills | Has 4-5 colorful pictures representing the skills | Has 6-7 colorful pictures representing the skills |
| Effort | Does not finish project | Does not have most of the requirements asked | Has most of the requirements asked | Has all of the requirements asked |